说明书材质：128g铜版纸
折叠尺寸55x75㎜ 双面印刷风琴折

正面：像文件这样排两排

iOS

anko

Instruction Manual

**Smart Ring Large/Medium/Small**
K: 43-796-304 | T: 73-190-295
K: 43-796-311 | T: 73-190-301
K: 43-796-328 | T: 73-190-318

MADE IN CHINA

Before use please read this manual carefully.
Please retain for future use.

## 1. Safety instruction

1) Do not charge in humid and watery environments.

2) Please clean the magnetic charging hole on the back of the ring with a clean flannel regularly to ensure that the magnetic charging hole of the ring and the magnetic charger fit together to ensure normal charging.

3) The measurement results of this product are for reference only. It is not a substitute for health professionals or physician services. If you have any questions about a medical condition, it is recommended that you consult a professional physician.

### Battery Warnings

- Do not expose the product to any high temperatures over 60°C (like hair dryer, heating, prolonged sunlight etc.) The battery inside of the product may overheat and explode as a result.
- Do not crush or pierce the battery.
- Do not expose the battery to high pressure, as this may cause an internal short-circuit and overheating.
- This product contains batteries that are non-replaceable.
- The product and the battery must not be taken apart, thrown into fire, immersed in liquids or short circuited.
- Do not cover the product while charging the battery.
- Charge the product in a well-ventilated environment.
- This product is not equipped with a power adapter. Use only regulatory-compliant adapters for charging.

## 2. Package contents

Smart ring x1
Charging case x1
USB-C charging cable x1
Instruction manual x1

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Inner diameter:
S Size: 18.15-18.35mm
M Size: 19.50-20.00mm
L Size: 21.30-21.70mm
Bluetooth® connection:
S: Anko43796304
M: Anko43796311
L: Anko43796328
APP: JRing
IP68 waterproof
System: Android 5.0+; iOS 10.0+
Ring battery capacity: 3.7V, 16mAh
Charging case battery capacity: 3.7V, 200mAh
Charging time: 50-60 mins for ring
2 hours for charging case
Playing time of ring: around 7 days (depend on setting)
Standby time: 10-15 days

## 4. Before first use

Charge
> When using it for the first time, please charge and activate the device. If factory settings are restored on the app, please charge and reactivate.

> Remove the insulating sticker from the ring.

> Put the ring inside the included charging case to magnetic charge the ring for 60 minutes before using it for the first time.
> Charging Indicators:
Charging Red light is always on.
Charging completed Green light is always on.
> Battery Volume: Check the battery volume at the device connection on the main page of the APP
> Charging Case: If the charging case is out of power, you need to plug in the USB-C cable to charge. The red light turns off to indicate that the charging case has completed charging.

Preparation
> iOS: Search for "JRing" in the App Store
> Android: Search for "JRing" in the Google Play Apps

Scan code to download the "JRing" APP.
Please allow the APP to obtain Bluetooth connection permissions and location permissions

## 5. Store or wear the ring

Storage
> Store the ring in its original charging case in a dry area.
> Keep away from children and pets.

Clean
> To clean the ring, wipe with a soft, lint-free cloth.
> During cleaning do not immerse the electrical parts of the ring in water or other liquids. Never hold the ring under running water.
> Never use corrosive detergents, wire brushes, abrasive scourers, metalor sharp utensils to clean the ring.

How to correctly wear
> Finger belly area close to heart rate indicator when wearing.
> Any finger can be an operating finger.

## 6. Using the JRing App with iOS device

Connecting Ring
> Open JRing app and register one by one according to the app instructions.
> You can "Sign in" your own APP account or just "Skip"
> Find the corresponding Bluetooth name and pair it
S: Anko43796304
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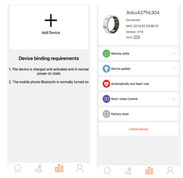
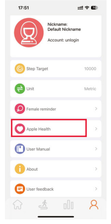
> Connect, it will be displayed ring information after the connection is successful.




Personal Settings
> Set up related information in the personal information interface, you can set the number of step targets, units and other information.
> Female characters have a female reminder function.
> Apple iOS phones can authorize the syncing of Apple Health information.




Sports
> In the mobile app interface, find the movement interface, you can choose a variety of motion mode, including: Walking, Run, Cycling, Climbing, Golf.
> Click on the motion button to start recording the distance, pace, duration, and heart rate information of the motion. (This function needs to be hit GPS on mobile phone)

Motion Data
> On the homepage of the mobile APP, the number of steps, distance, movement duration, and calorie data recordedon the day can be displayed.You can also click to view the sports data of the nearly week or one month.
> The number of target steps can be set on the APP personal information interface.

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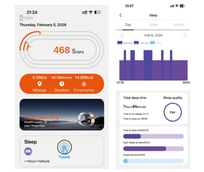
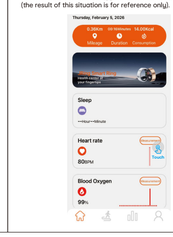
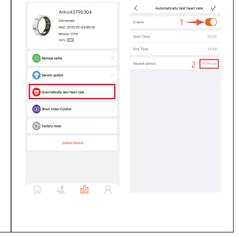
Smart ring can show the total sleep last night and the length of light sleep and deep sleep.
You can also click to view the sleep data for nearly a week or a month.

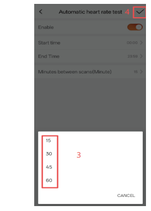



Heart Rate
1. Live heart rate reads
> On the home page of the JRing app, select the heart rate, click to start measurement, the indicator will light up GREEN, and the measurement is completed in approximately 30 seconds.
> If you remove your finger from the product halfway through the test, the result will still appear within 30 to 60 seconds (the result of this situation is for reference only).



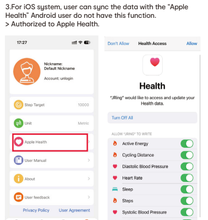

2. Automatic heart rate reads
> On/off the automatic heart rate.
> You can choose the automatic heart rate read as cycle: 15min/30min/45min/60min
> Select "√" to save your settings.
> The JRing app can show a graph as each hour.



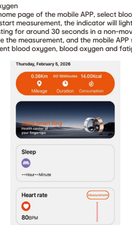




**Note:** Automatic heart rate read setting.
If setting 60mins cycle, the regular usage time of ring is about 7 days.
If setting 15mins cycle, the power consumption will increase, and the usage time will be about 4 days.

3.For IOS system, user can sync the data with the "Apple Health" Android user do not have this function.
> Authorized to Apple Health.




Blood oxygen
On the home page of the mobile APP, select blood oxygen, click to start measurement, the indicator will light up RED, start testing for around 30 seconds in a non-moving state to complete the measurement, and the mobile APP will display the current blood oxygen, blood oxygen and fatigue value.




Remote selfie
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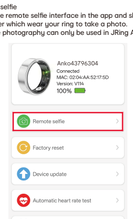
(Remote photographing can only be used in JRing App)

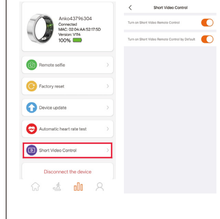



Short Video Control
1. After the mobile phone is connected to the device and the device Bluetooth, enter the device interface and click the "Short Video Control" option.

2. After entering the short video control interface, turn on the two control switches on the right. (Turn on switch 1 to implement the short video control function, then turn on switch 2, which enables switch 1 to be turned on by default each time you connect.

3. After turning on the switch, you can remotely control mainstream short video software by shaking or rotating the ring, such as switching to the next video or scrolling through the phone screen.

4. For iOS system, user need to open the iPhone's Settings - Accessibility - Touch - Assistive Touch Settings -Turn on to archive the function of Short Video Control.

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1. Causes of abnormal heart rate and blood oxygen data measured by ring.
1) It is generally caused by poor contact between the sensor of the ring and the human body when measuring.
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1) Sleep data is not monitored during the day, and the default sleep monitoring is from 9:00 PM to 11:00 AM the next day.
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## 12 Month Warranty:

Thank you for your purchase.

Your new product is warranted to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law. For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty. This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

If you have any cybersecurity-related concerns or queries, please contact us online via our 'Contact Us' page at https://www.kmart.com.au/contact-us/ or reach us by phone using the numbers listed below.

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**CUSTOMER SERVICE:**
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**KMART NZ:** 0800 945 995
**TARGET AU:** 1300 753 567

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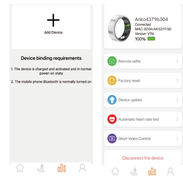


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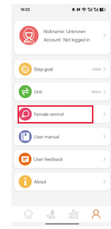


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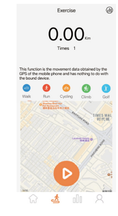


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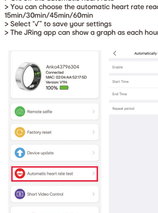


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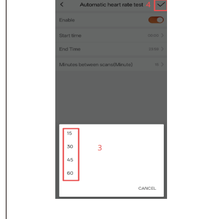


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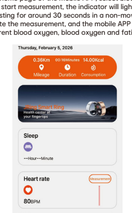


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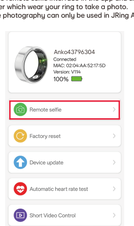


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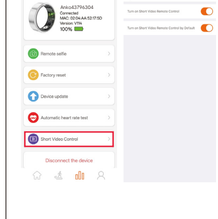


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We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty. This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

If you have any cybersecurity-related concerns or queries, please contact us online via our 'Contact Us' page at https://www.kmart.com.au/contact-us/ or reach us by phone using the numbers listed below.

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**TARGET AU:** 1300 753 567

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