

正面：像文件这样排两排

ANKO

Instruction Manual



Smart Ring Large/Medium/Small
K: 43-796-274 | T: 73-189-947
K: 43-796-281 | T: 73-189-954
K: 43-796-298 | T: 73-190-202

MADE IN CHINA

Before use please read the manual carefully.
Please return for future use.

1. Safety instruction

- Do not charge in humid and wet environments.
- Please clean the magnetic charging hole on the back of the ring with a clean flannel regularly to ensure that the magnetic charging hole of the ring and the magnetic charging coil fit together to ensure normal charging.
- The measurement results of this product are for reference only. It is not a substitute for health professionals or medical services. If you have any questions about a medical condition, it is recommended that you consult a professional physician.



Battery Warnings

- Do not expose the product to any high temperatures over 40°C (like hair dryer, heating, prolonged sunlight etc.). The battery inside of the product may overheat and explode as a result.
- Do not crush or pierce the battery!
- Do not expose the battery to high pressure, as this may cause an internal short-circuit and overheating.
- This product contains batteries that are non-replaceable. The product and the battery must not be taken apart, thrown into fire, immersed in liquids or short circuited.
- Do not cover the product while charging the battery.
- Charge the product in a well-ventilated environment.
- This product is not equipped with a power switch.
- Use only regulatory-compliant adapters for charging.

2. Package contents

Smart ring
> Charging cable x1
USB-C charging cable x1
Instruction manual x1

3. Product specifications

Inner diameter:
> 20mm
Outer diameter:
M Size: 19.50-20.00mm
L Size: 21.30-21.70mm
Bluetooth connection:
S: Anko43796274
M: Anko43796281
L: Anko43796298
APP: JRing
IP68 waterproof
System: Android 5.0+ / iOS 10.0+
Ring battery capacity: 3.7V, 16mAh
Charging time: 3-7 hours
Playing time of ring around 7 days (depend on setting)
Standby time: 10-15 days

4. Before first use

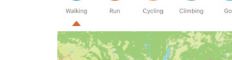
Charge
> When using it for the first time, please charge and activate the device. If factory settings are restored on the app, please charge and reconfigure.

5. Store or wear the ring

Storage
> Store the ring in its original charging case in a dry area.
> Keep away from children and pets.

Clean
> To clean the ring, wipe with a soft, lint-free cloth.
> During cleaning do not immerse the electrical parts of the ring in water or other liquids. Never hold the ring under running water.
> Never use corrosive detergents, wire brushes, abrasive spongers, metal sharp utensils to clean the ring.

How to correctly wear
> Finger belly area close to heart rate indicator when wearing.
> Any finger can be an operating finger.



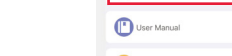
6. Using the JRing App with iOS device

Connecting Ring
> Open JRing app and register one by one according to the app instructions.
> You can "Sign in" your own APP account at any "Skip"
> Find the corresponding Bluetooth name and pair it
S: Anko43796274
M: Anko43796281
L: Anko43796298
> Connect, it will be displayed ring information after the connection is successful.

Device installation requirements
> iOS: Search for "JRing" in the App Store
> Android: Search for "JRing" in the Google Play Apps

Preparation
> iOS: Search for "JRing" in the App Store
> Android: Search for "JRing" in the Google Play Apps

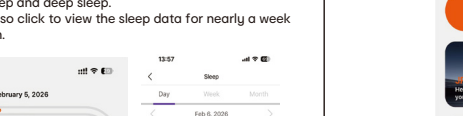
The package provided is normally sealed as follows:



Scan code to download the "JRing" APP
Please allow the APP to obtain Bluetooth connection permissions and location permissions

Personal Settings

> Set up related information in the personal information interface, you can set the number of target steps, units, weight, resting sleeping, climbing, goal.
> Female characters have a female reminder function.
> Apple IOS phones can authorize the syncing of Apple Health Information.



Sports

> In the mobile app interface, find the movement interface, you can choose a variety of motion mode, including: Walk, Run, Cycling, Climbing, Golf.
> Click on the button to start recording the distance, pace, duration, and heart rate information of the motion. (This function needs to be in GPS on mobile phone)

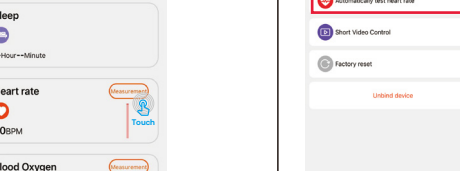


Motion Data

> On the homepage of the mobile APP, the number of steps, distance, movement duration, and colorize data recorded on the day can be displayed. You can also view the sports data of the nearby week or one month.
> The number of target steps can be set on the APP personal information interface.

Sleep

Smart ring can show the total sleep last night and the length of each deep sleep stage.
You can also click to view the sleep data for nearly a week or a month.



Heart Rate

> Low heart rate reads
> On the home page of the JRing app, select the heart rate, click to start measurement, the indicator will light up RED, and the measurement is completed in approximately 30 seconds.
> If you remove your finger from the probe midway through the test, the test will still appear within 30 to 60 seconds (the result of this situation is for reference only).

Automatic heart rate reads
> On/off the automatic heart rate
> You can choose the automatic heart rate read as cycle: Every 15 minutes, every 30 minutes, every 1 hour, and the measurement is completed in approximately 30 seconds.
> Select "W" to save your settings.
> The JRing app can show a graph as shown below.



Automatic heart rate read setting

If setting 60mins cycle, the regular usage time of ring is about 7 days.

If setting 30mins cycle, the power consumption will increase, and the usage time will be about 4 days.

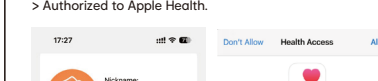
3. For iOS users, user can sync the data with the "Apple Health". Android user do not have this function.

> Authorized to Apple Health



Blood oxygen

On the home page of the mobile APP, select blood oxygen, set start measurement, the indicator will light up RED, start testing for around 30 seconds in a non-moving state to complete the measurement, and the mobile APP will display the current blood oxygen, blood oxygen and ring pulse value.



7. Trouble shooting

- Causes of abnormal heart rate and blood oxygen data measured by ring.
- If is generally caused by poor contact between the sensor of the ring and the human body when measuring.
- When measuring, please note that the sensor is in full contact with the finger.

2. Reasons for abnormal sleep data

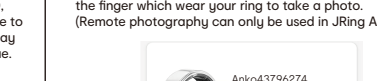
- Sleep data is not monitored during the day, and the default sleep monitoring is from 7:00 PM to 11:00 AM the next day.
- Sleep monitoring is to simulate people's self-perceived state of falling asleep and waking up at time.
- Sleep longer than normal or sleep before wearing may cause error.

12 Month Warranty:

Thank you for purchasing the product. We guarantee the product to be free from defects in materials or workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying instructions or the terms of the applicable warranty. For more information on the terms of the applicable warranty, please refer to the additional information under the "Warranty" section. For the full details of the applicable warranty, please refer to the full terms and conditions of the applicable warranty, which can be found on our website or in the user manual. The warranty is not applicable to the product if it is damaged, altered, or modified in any way, or if it is used for any purpose other than that intended for its use. The warranty is void if the product is not used in accordance with the instructions. The warranty is void if the product is not used in accordance with the instructions. The warranty is void if the product is not used in accordance with the instructions.

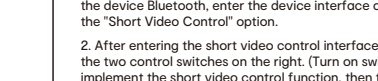
Remote selfie

Open the remote selfie interface in the app and shake the finger which wear your ring to take a photo. (Remote photography can only be used in JRing App)



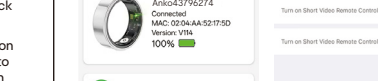
Short Video Control

- After the mobile phone is connected to the device and the device Bluetooth, enter the device interface and click the "Short Video Control" option.
- After entering the short video control interface, turn on the two control switches on the right. Turn on switch 1 to implement the short video control function, then turn on switch 2, which enables switch 1 to be turned on by default each time you connect.
- After turning on the switch, you can remotely control mainstream short video software by shaking or rotating the ring, such as switching to the next video or scrolling through the phone screen.
- For iOS users, user need to open the Phone's Settings - Accessibility - Touch - Assistive Touch Settings - Turn on to archive the function of Short Video Control.

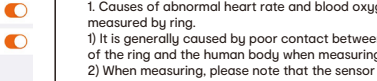


Bluetooth

After the mobile phone is connected to the device and the device Bluetooth, enter the device interface and click the "Bluetooth" option.



Short Video Control



反面：像文件这样排两排

Anko

Instruction Manual



Smart Ring Large/Medium/Small
K: 43-796-274 | T: 73-169-947
K: 43-796-281 | T: 73-169-954
K: 43-796-298 | T: 73-190-022
MADE IN CHINA

Before use please read this manual carefully.
Please return for future use.

1. Safety instruction

- Do not charge in humid and water environments.
- Please clean the magnetic charging hole on the back of the ring with a clean flannel regularly to ensure that the magnetic charging hole of the ring and the magnetic charger fit together to ensure normal charging.
- The measurement results of this product are for reference only. It is not a substitute for health professionals or physician services. If you have any questions about a medical condition, it is recommended that you consult a professional physician.



Battery Warnings

- Do not expose the product to any high temperatures over 60°C (like hot dryer, heating, prolonged sunlight etc.)
- The battery inside of the product may overheat and explode as a result.
- Do not crush or pierce the battery!
- Do not expose the battery to high pressure, as this may cause an internal short-circuit and overheating.
- This product contains batteries that are non-replaceable. The product and the battery must not be taken apart, thrown into fire, immersed in liquids or short circuited.
- Do not cover the product while charging the battery.
- Charge the product in a well-ventilated environment.
- This product is not equipped with a power adapter.
- Use only regulatory-compliant adapters for charging.

2. Package contents

Smart ring x1
Charging cable x1
USB-C charging cable x1
Instruction manual x1

3. Product specifications

Inner diameter: S Size: 16.5-18.35mm
M Size: 19.5-20.0mm
L Size: 21.50-21.07mm
Bluetooth® connection:
S: Anko43796274
M: Anko43796281
L: Anko43796298
APP: -JRing
IP68 waterproof
System: Android 5.0+ / iOS 9.0+
Ring battery capacity: 3.7V, 16mAh
Charging case battery capacity: 3.7V, 200mAh
Charging time: 50-60 mins for ring
2 hours for charging case
Playing time of ring: around 7 days (depend on settings)
Standby time: 10-15 days

4. Before first use

Charge
> When using it for the first time, please charge and activate the device. If factory settings are restored on the app, please charge and reactivate.

> Remove the insulating sticker from the ring.

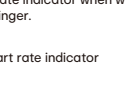


5. Store or wear the ring

Storage
> Store the ring in its original charging case in a dry area.
> Keep away from children and pets.

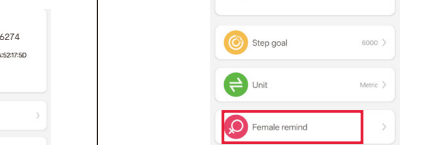
Clean
> To clean the ring, wipe with a soft, lint-free cloth.
> During daily use, do not immerse electrical parts of the ring in water or other liquids. Never hold the ring under running water.
> Never use corrosive detergents, wire brushes, abrasive spongers, metal sharp utensils to clean the ring.

How to correctly wear
> Finger belly area close to heart rate indicator when wearing.
> Any finger can be an operating finger.



6. Using the JRing App with Android device

Connecting JRing
> Open JRing app and register one by one according to the app instructions.
> You can "Sign in" your own APP account or just "Skip".
> Find the corresponding Bluetooth name and pair it.
S: Anko43796274
M: Anko43796281
L: Anko43796298
> Connect the APP to the corresponding APP to display the connection is successful.



Device linking requirements

- The device is charged and fully updated and has internet access.
- The mobile phone Bluetooth is normally turned on.

Permissions required:

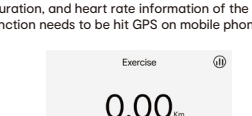
- Location services
- Storage
- Camera
- Network access
- Read phone status
- Read body sensor data
- User location
- User location
- About

Discover the JRing

Scan code to download the "JRing" APP
Please allow the APP to obtain Bluetooth® connection permissions and location permissions

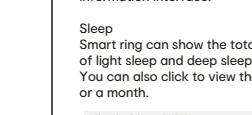
Personal Settings

> Set up related information in the personal information interface, you can set the number of step targets, unit, sleep information.
> Female characters have a female reminder function.



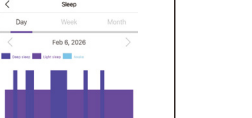
Sports

> In the mobile app interface, find the movement interface, you can choose a variety of motion mode, including: Walk, Run, Jog, Cycle, Swimming, Golf, etc.
> Click on the button to start recording the distance, pace, duration, and heart rate information of the motion. (This function needs to be in GPS on mobile phone).



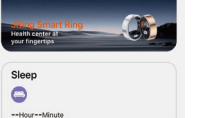
Rest

> In the mobile app interface, find the movement interface, you can choose a variety of motion mode, including: Walk, Run, Jog, Cycle, Swimming, Golf, etc.
> Click on the button to start recording the distance, pace, duration, and heart rate information of the motion. (This function needs to be in GPS on mobile phone).



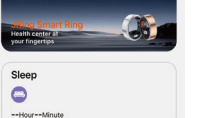
Heart Rate

> On the home page of the JRing app, select the heart rate, click to start measurement, the following data will be displayed: the measurement is completed in approximately 30 seconds. If you remove your finger from the product halfway through the test, the APP will still appear within the 60 seconds (the result of this situation is for reference only).



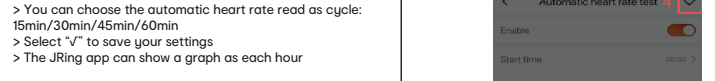
Heart Rate

> On the home page of the JRing app, select the heart rate, click to start measurement, the following data will be displayed: the measurement is completed in approximately 30 seconds. If you remove your finger from the product halfway through the test, the APP will still appear within the 60 seconds (the result of this situation is for reference only).

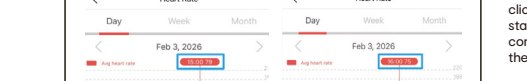


2. Automatic heart rate reads

- > On/Off the automatic heart rate
- > You can choose the automatic heart rate read as cycle: 15mins/30mins/45mins
- > Select "V" to save your settings
- > The JRing app can show a graph as each hour



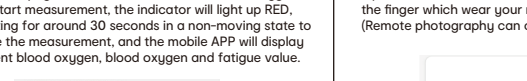
Automatic heart rate test



Automatic heart rate test

3. Blood oxygen

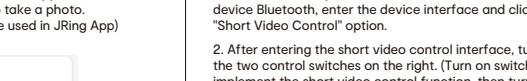
On the home page of the mobile APP, select blood oxygen, click to start measurement, the indicator will light up RED, start testing for around 30 seconds in a non-moving state to complete the measurement, and the mobile APP will display the current blood oxygen and fatigue value.



Blood oxygen

4. Remote selfie

Open the remote selfie interface in the app and shake the finger which wear your ring to take a photo. (Remote photography can only be used in JRing App)



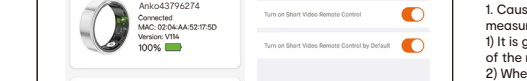
Remote selfie

Short Video Control

After the mobile phone is connected to the device and the device Bluetooth, enter the device interface and click the "Short Video Control" option.

2. After entering the short video control interface, turn on the two control switches on the right. (Turn on switch 1 to implement the short video control function, then turn on switch 2, which enables switch 1 to be turned on by default each time you connect.

3. After turning on the switch, you can remotely control mainstream short video software by shaking or rotating the ring, such as switching to the next video or scrolling through the phone screen.



Short Video Control

7. Trouble shooting

- Causes of abnormal heart rate and blood oxygen data measured by the ring.
 - It is generally caused by poor contact between the sensor of the ring and the human body when measuring.
 - When measuring, please note that the sensor is in full contact with the finger.
- Reasons for abnormal sleep data
 - Sleep data is not monitored during the day, and the default sleep monitoring is from 9:00 PM to 11:00 AM the next day.
 - Sleep monitoring is to simulate people's self-perceived state of falling asleep and waking up at night.
 - Sleep longer than normal or sleep before waking may cause errors.

12 Month Warranty:

Thank you for your purchase.

We warrant that the product shall be free from defects in materials and workmanship for the period stated below. From the date of purchase, provided that the product is used in accordance with the instructions, and is not subjected to misuse, abuse, neglect, or modifications or alterations after purchase. This warranty is in addition to any other warranty provided by the manufacturer. For New Zealand customers, please refer to the New Zealand Consumer Protection Act for New Zealand observed under New Zealand legislation.

We will provide you with your choice of a refund (where possible) or exchange (availability depending on the product if it becomes defective within the warranty period). The Refund will be based on the reasonable expense of claiming the warranty. This warranty will no longer apply where the defect is a result of alteration, accident, misuse, or negligence.

Please retain your receipt as proof of purchase and contact our Customer Service team for assistance. We will endeavour to resolve this product from, for any difficulties with your product. Warranting claims and claims for replacement in returning the product can be addressed to the respective Customer Service. Service centres.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are not to be compensated for any loss or damage if you cannot prove loss or damage. This does not affect your rights or remedies under state or territory law.

If you have any cybersecurity-related concerns or queries, please contact us online via our "Contact Us" page or email on info@jring.com.au or reach us by phone using the numbers listed below.

MADE IN CHINA

CUSTOMER SERVICE:

NUMER AU 1800 534 525

NUMER NZ 0800 945 995

NUMER AU 1300 735 567

THE BLUEBRAIN™ word mark and logo are registered trademarks owned by BlueBrain™ SGL Inc., and ring use of such marks by AUSTRALIA is under license.