

BOXING MACHINE

Instructions

Function Instruction:

1. Power On & Volume Control

Long press the middle touch switch "ON/OFF" to turn on. Short press to adjust the volume between 1–4 levels.

2. Speed & Mode Adjustment

Touch the left-side button "Speed" to adjust speed (H1–H15). The higher the number, the faster the speed.

Touch the right-side button "Mode" to adjust mode (P1–P15). Different modes change the striking position.

3. Correct/Incorrect Striking

Correct strike: The indicator light turns off, followed by a brief hit sound.

Incorrect strike: A wrong sound effect will play.

4. Bluetooth Connection

Connect to Bluetooth (name: Bluetooth-001) to play background music from your phone or other devices.

5. Auto Shut-Off

If no action is detected for 3 minutes, the system will automatically shut down and enter low-power mode.

6. Charging

The device is powered by a 1200mAh Li-polymer rechargeable battery.

Charging time: approximately 3 hours.

Use the provided USB cable to charge (5V, 2A).

The digital display shows a charging animation while charging; no animation appears when fully charged.

Installation Method 1: Round Adhesive Pad Installation

1. Peel off the backing on one side of the round adhesive pad.

2. Align and attach it to the back of the Boxing Machine.

3. Peel off the backing on the other side.

4. Position the product correctly and press firmly onto the wall.

Removal Method: First, pry the Boxing Machine off with your hand, then carefully insert a flat tool (such as a flathead screwdriver) between the adhesive backing and the wall. Be careful not to damage the wall. Slowly pry it off while using your hand to gradually detach the machine.

Installation Method 2: Hook & Loop Tape Installation

1. The hook & loop tapes are not removable.
2. Determine the desired height and attach the two long hook-side strips to the wall. (Ensure the distance does not exceed 22cm. Suggested distance: 20 - 22 cm)
3. Attach the two short loop-side strips onto the long hook-side strips, forming a square with four contact points (see diagram), then peel off the backing.
4. Align the boxing machine in the correct position and press its back firmly onto the adhesive side of the hook & loop tape. (Ensure both short loop-side strips are attached to the boxing machine.)
5. Removal Method: Gently pry the Boxing Machine off with your hand to separate the loop-side from the hook-side. Keep the hook-side of the tape on the wall. When you need to use the product again, simply reattach the boxing machine to the hook & loop tapes. Before using the product, please ensure it is securely installed.



Safety & Usage Guidelines

- Ensure the product is securely mounted on a sturdy and reliable wall. Always strike within the designated hitting area and avoid hitting the edges to prevent injury or equipment damage.
- This product is designed for adult use. Children should only use it under adult supervision.
- Beginners should start with light force to avoid hand injuries. Safety is the top priority during training. Kicking and knee strikes are strictly prohibited.
- Do not strike the speaker or control panel area.
- If the device fails to power on or malfunctions, check the battery level and charge it if necessary. Do not charge for more than 8 hours. For long-term storage, recharge it every 1-2 months.
- This product is not waterproof. Use a dry cloth for cleaning and avoid contact with water.
- Keep the instruction manual in a safe place for future reference.

WARNING: USE ONLY UNDER ADULT SUPERVISION.

WARNING:

SUGGESTED TO USE ON: SMOOTH AND SOLID TILED WALLS, CONCRETE WALLS, STONE WALLS OR OTHER SMOOTH AND STRONG MATERIAL WALLS.
DO NO USE ON: PAINTED WALLS, WALLPAPERED WALLS, PLASTERBOARD WALLS OR OTHER FRAGILE WALLS.

WARNING: THE HOOK & LOOP TAPES BONDS PERMANENTLY AND MAY CAUSE SURFACE DAMAGE OR LEAVE RESIDUE IF REMOVED. DO NOT FOR USE ON DELICATE SURFACES SUCH AS PAINTED WALLS OR WALLPAPERED WALLS.

K: 43-559-862

MADE IN CHINA

CUSTOMER SERVICE:

KMART AU: 1800 124 125
KMART NZ: 0800 945 995
TARGET AU: 1300 753 567



WARNING: FOR INDOOR USE ONLY. ONLY USE ON FLAT AND EVEN SURFACES. DO NOT USE ON SURFACES WHERE INJURY COULD RESULT IF MOUNTED ITEM FELL.

WARNING: IT IS RECOMMENDED TO WEAR BOXING GLOVES (NOT INCLUDED) TO MINIMIZE THE RISK OF INJURY.