



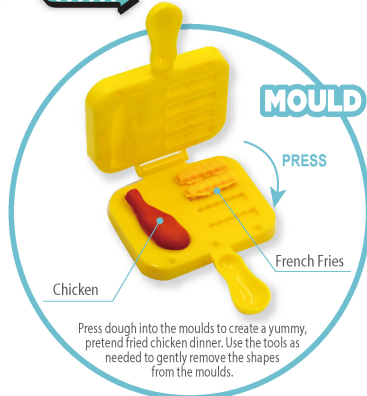
DOUGH COLOURS MIXING CHART

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CHICKEN DINNER

42985

6+
years



BASIC SHAPES

Here are a few useful techniques.



CIRCLE



OVAL



SQUARE



DROPLET



Create round balls and oval shapes by swirling dough between your palms. You can roll even smaller balls between your thumb and index finger.

Hold a ball shape with your thumb and index finger. Gently press inward to create flat sides.

Roll the dough on a flat surface or between your palms. Use more pressure where you want to create a thin end.