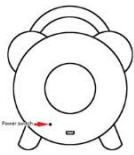

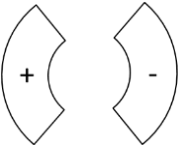














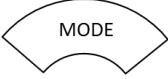
















Training Clock Instruction Manual

<p>Power Switch</p> 	<p>Use a sharp tool to press the power switch to ON , LCD with full display .</p>
	<p>On/Off Screen and backlight will be turned off. Device will wake when the alarm time is reached.</p>
	<p>Adjust Backlight (7 levels of brightness) If you do not see the glowing blue or orange light when you first turn on, press  to increase brightness. Press  to decrease brightness.</p>
	<p>Press once to set 'wake-up time' Backlight to change from blue to orange <i>(Range allowed AM 04:00 – PM 2:59)</i></p> <p>To Set: Hold  for 3 seconds → Adjust hour:  → Press  → Adjust minute: </p> <p>To add/remove alarm sound: Press  at any stage while setting. A bell icon  will appear when turned on. Any button will turn off alarm when it sounds.</p> <p><i>Note: Hold both + and – for 3 seconds to return to default setting (AM 6:00)</i></p>
	<p>Press twice to set 'sleep time' Backlight to change from orange to blue <i>(Range allowed PM 3:00 – AM 3:59)</i></p> <p>To Set: Hold  for 3 seconds → Adjust hour:  → Press  → Adjust minute: </p> <p><i>Note: Hold both + and – for 3 seconds to return to default setting (PM 6:00)</i></p>

 	<p>Press three times to return to 'Current Time'</p> <p>To Set Time: Hold  for 3 seconds → Adjust hour:  → Press  → Adjust minute: </p>
<p>Reset</p> 	<p>To reset all setting to default setting (except current clock setting) Press all three buttons at once:  +  + </p>
<p>Lock</p> 	<p>Lock clock to prevent settings being accidentally changed.</p> <p>To Lock or Unlock: Press and hold  for 5 seconds.</p>
<p>Low Battery Alert</p> 	<p>When battery becomes low, the BAT icon will appear.</p> <p>When clock battery is low, backlight will be turned off.</p> <p>Tip: If you do not use/change the clock for a long time, charging product within two months will protect the life of the lithium battery.</p>

Note: Keep out of reach of young children.

Keycode: 42770909

Customer Service: 1800 124 125