



Heated Waist and Back Belt Instruction Manual



AK-M31033

Rev 01

To ensure proper operation of this device, please read this instruction manual carefully before using the device and keep it for further reference.

IMPORTANT SAFETY INSTRUCTIONS. RETAIN FOR FUTURE USE

TO ENSURE SAFETY AND PROPER USE, READ THIS MANUAL THOROUGHLY BEFORE USING THE PRODUCT. USE IT ONLY FOR ITS INTENDED PURPOSE AS DESCRIBED HERE:

CONSULT A DOCTOR BEFORE USE IF YOU

- Have sensitive skin.
- Have recently received medical treatment.
- Feel unwell, including but not limited to stroke, high/low blood pressure, heart disease, cerebral arteriosclerosis, cerebral thrombosis, diabetes, etc.
- Have a malignant tumor.
- Are using a pacemaker or other implanted medical device.
- Are pregnant.
- Have other illnesses or diseases.
- Turn off the product before cleaning or after use.
- This product is not intended for self-diagnosis or treatment. Seek professional medical advice if necessary.
- Stop using the product immediately if you experience any discomfort.
- **DO NOT** allow children or individuals with physical or mental disabilities to use this product without supervision.
- The appliance has a heated surface. Individuals sensitive to heat should exercise caution.
- **DO NOT** use it on insensate or overly sensitive skin or on areas with poor circulation.
- To avoid the risk of overheating, fire, electric shock, or injury, **DO NOT** use the product underneath a pillow or blanket.
- **DO NOT** cover the product during use to prevent overheating.
- **DO NOT** insert objects into any openings.
- **DO NOT** use the product if it is damaged, if it malfunctions, has been dropped, or has been submerged in water. Please contact Customer Service for repairs.
- Always unplug the appliance from the electrical outlet immediately after use and before cleaning.
- Examine the appliance frequently for signs of wear or damage. If there are such signs, if the appliance has been misused or does not work, return it to the supplier before switching it on again.

IMPORTANT SAFETY INSTRUCTIONS. RETAIN FOR FUTURE USE

- This appliance is not intended for medical use in hospitals
- This appliance must not be used by persons insensitive to heat and other very vulnerable persons who are unable to react to overheating;
- Children under the age of three are not to use this appliance due to their inability to react to overheating.
- The appliance is not to be used by young children over the age of three unless the controls have been pre-set by a parent or guardian, and unless the child has been adequately instructed on how to operate the controls safely.
- When the appliance is likely to be used for an extended period, for instance by the user falling asleep, controls should be adjusted to a setting recommended for continuous use
- For any continuous use, set the controls to white light setting.
- **NEVER** leave the appliance unattended while plugged in and charging.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- **DO NOT** use the appliance while sleeping, feeling sleepy or in bed.
- Avoid using unsupported accessories.
- **DO NOT** use it in a damp or dusty environment.
- Only use the product in an environment where the temperature ranges from 0 to 40°C.
- Avoid placing the product outside.
- Keep away from heaters, stoves, or direct sunlight.
- When not in use, store the product in its original packaging and keep it in a safe, dry, well-ventilated, and cool location.
- Avoid twisting the charging cable.
- **DO NOT** use the cable to hang the product.
- Keep sharp objects away to prevent scratching the surface.
- **DO NOT** expose the product to direct sunlight or high temperatures.
- **DO NOT** wash the appliance in water or any other liquid. Clean the belt in accordance with the instructions provided under the 'CLEANING' section.
- Cease use immediately if you notice any malfunctions or abnormalities.

IMPORTANT SAFETY INSTRUCTIONS. RETAIN FOR FUTURE USE

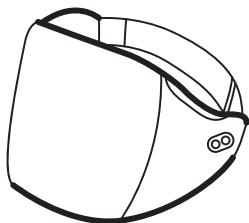
- Keep the product clean and store it in a low-humidity environment.
- If storing the product for an extended period, keep it in its original packaging to prevent dust buildup.

NOT SUITABLE FOR

- Individuals who are sensitive to heat or cold.
- Minors and individuals with physical or mental disabilities.
- Avoid operating the control switch with wet hands.
- Keep the control switch away from water or other liquids.
- **DO NOT** use it if any parts are damaged.
- **DO NOT** use it while intoxicated.
- **DO NOT** use it continuously for more than 30 minutes.
- **DO NOT** use the product during thunderstorms.
- **NEVER** stand on or apply heavy pressure to the product.
- Allow the product to sit at room temperature for 1 hour after moving it from cold storage to prevent condensation issues.
- Cease use immediately if you notice any malfunctions or abnormalities.

PRODUCT COMPONENTS

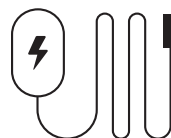
ACCESSORIES LIST



HEATED WAIST AND BACK BELT X 1



USER MANUAL X1



CHARGING CABLE X 1

INSTRUCTIONS FOR USE

Your heated belt is able to be used on your:

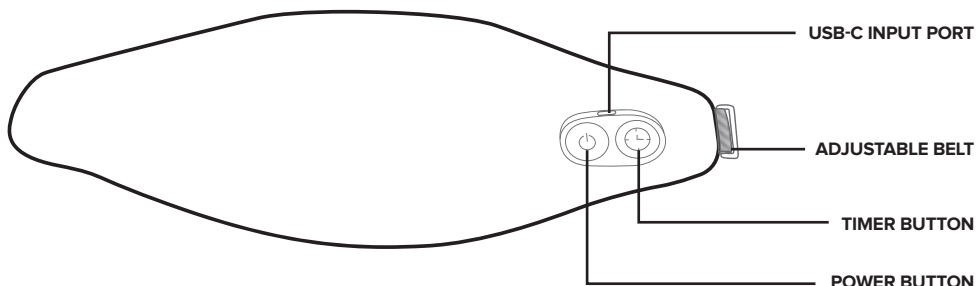
Waist – Back – Shoulders – Neck – Abdomen – Calves – Knees

IMPORTANT! To avoid skin burns, the heated belt should be worn over clothing and not directly on bare skin.

NOTE: It is not recommended to use this product continuously for more than 30 mins. Allow 30 minutes cooling time between uses.

INSTRUCTIONS FOR USE

PRODUCT COMPONENTS



OPERATING INSTRUCTIONS

PREPARATION BEFORE USE

- Carefully inspect the product for any damage prior to use.
- Use this product in a dry location, away from prolonged exposure to sunlight.

POWER BUTTON

Power ON/OFF:

- Long-press the  Power button for 1 to 2 seconds when the appliance is OFF to power it ON or OFF.

Adjust Heating Levels:

- Short press the  Power button to cycle through the two heating levels:
White Light: Low – **Red Light:** High

TIMER BUTTON

Set Timer:

- Short press the timer button to select a timer setting.
The available options are indicated by different colored lights:

White Light: 15 minutes – **Red Light:** 30 minutes

- The heated belt will shut off when the time has been reached.

WARNING:

An Australian approved USB power adaptor must be used to power the unit. The output of the USB power adaptor must not exceed DC 5V 2A. This product must be powered by a DC 5V 2A adaptor. If you use a DC 5V 1A adaptor, the product will not work.

MAINTENANCE

TO CLEAN

 **DO NOT BLEACH OR USE DETERGENTS WITH BLEACH.**

 **DO NOT IRON.**

 **DO NOT DRY CLEAN.**

 **DO NOT TUMBLE DRY.**

 **DO NOT WASH.**

 **DO NOT INSERT PINS.**

**NOTE: The heated waist and back belt is not machine washable.
Clean only with a dry cloth.**

- Before cleaning, ensure that the power is off.
- Use a dry cloth to wipe the surface of the product.

NOTE:

1. Avoid using corrosive cleaners like benzene or thinner.
2. **DO NOT** use a damp cloth, as moisture may cause malfunction.

TO STORE

- **DO NOT** crease the appliance by placing items on top of it during storage

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

12 Month Warranty

Thank you for your purchase.

Your new product is warranted to be free from defects in materials and workmanship for the period stated above, from the date of purchase, provided that the product is used in accordance with accompanying recommendations or instructions where provided. This warranty is in addition to your rights under the Australian Consumer Law.

For New Zealand customers, this warranty is in addition to statutory rights observed under New Zealand legislation.

We will provide you with your choice of a refund, repair (where possible) or exchange (availability dependent) for this product if it becomes defective within the warranty period. The business will bear the reasonable expense of claiming the warranty.

This warranty will no longer apply where the defect is a result of alteration, accident, misuse, abuse or neglect.

Please retain your receipt as proof of purchase and contact our Customer Service Centre as listed below, for the entity you purchased this product from, for any difficulties with your product. Warranty claims and claims for expense incurred in returning this product can be addressed to the respective Customer Service Centre.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Contact for Kmart purchases	Contact for Target purchases
Kmart Australia Ltd. C/- Customer Service Centre L2/1 Middle Road, Chadstone VIC 3148 Customer Service: 1800 124 125 (Australia) or 0800 945 995 (New Zealand) or via Customer Help at kmart.com.au	Target Australia Pty Ltd C/- Customer Service Centre L2/1 Middle Road, Chadstone VIC 3148 Customer Service: 1300 753 567 or via Customer Help at target.com.au/help/contact-us