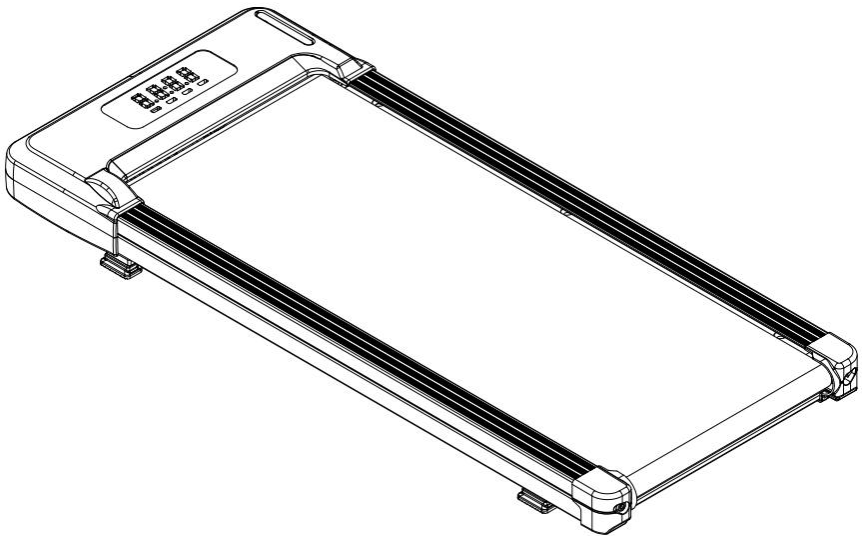


Walking Pad KC:43-593-927

Instruction Manual



READ THE MANUAL BEFORE OPERATING

Read all instructions before using this appliance.

WARNINGS

WARNING: CONSULT YOUR PHYSICIAN BEFORE ENGAGING IN ANY EXERCISE PROGRAM. ALWAYS CHECK EQUIPMENT AND ACCESSORIES BEFORE USE. REPLACE PRODUCT IF ANY DEFECT IS DETECTED. KEEP AWAY FROM CHILDREN!

WARNING: KEEP YOUNG CHILDREN AWAY FROM THIS MACHINE AT ALL TIMES. CONTACT WITH THE MOVING SURFACE MAY RESULT IN SEVERE FRICTION BURNS.

GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock.

This product is equipped with a cord having an equipment grounding conductor and a grounding plug.

The plug must be plugged into an appropriate outlet that is properly installed and grounded.

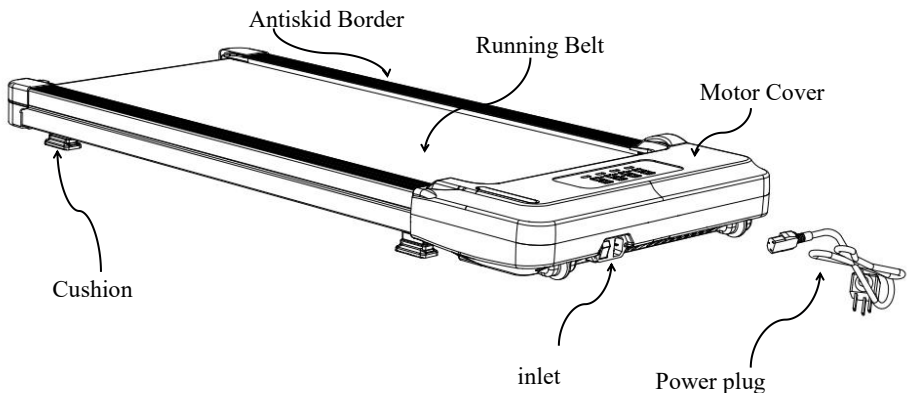
Local codes and ordinances.

DANGER – Improper connection of the equipment-grounding conductor can result in a risk of electric shock.

Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded.

Do not modify the plug provided with the product – if it does not fit the outlet, have a proper outlet installed.

The Walking Pad DIGRAM



TECHNICAL SPECIFICATIONS

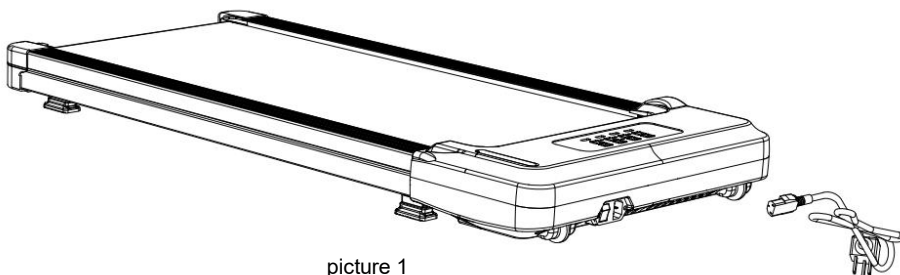
Voltage	AC 230-240V 50Hz
Rated power	0.75 HP/559W
Speed	1-6km/h
Max user's weight	100kg
Usage Class	HC

OPERATION INSTRUCTION

Please check all the accessories after opening the carton.

Step 1:

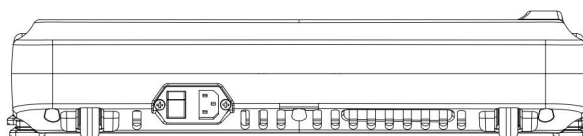
Please take out the walking pad and lay it flat on the ground as shown in picture 1. Insert the power plug into the frame socket.



picture 1

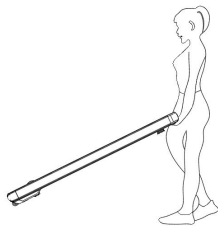
2. Power Switch on /off:

Make sure the power supply is normal, and connect the power plug to the machine. Open the Power Switch, and the light will turn on. It will sound a tick, and the display will also light up at the same time.

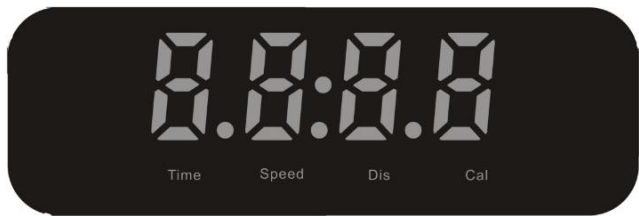


3. The walking pad movement:

As shown in the figure, the tail of the walking pad can be lifted up and down with both hands, which is suitable for short-distance movement in the room.



FUNCTION INSTRUCTION



Display Description:

Icon	Functional Description
Speed	Displays the speed value of the current movement

Time	Displays the time value of the current exercise
Dis	Displays the distance value of the current exercise
Cal	Displays the value of calories burned during the current exercise

The above parameters are displayed in turn at intervals of about 5 seconds, stand by for about 10 minutes, the walking pad enters the sleep state, and press any key on the remote control to wake up the walking pad from the sleep state.

Display and Set range:

Remote Control Operation

Remote control matching method:

1. When running the walking pad for the first time, first turn on the power of the running machine.
2. Wait for the power-on display to end within 20 seconds. press the remote control " "key, it will emit a beep sound, release the key and press " "again, the machine will prepare well to work. Then press " " and " " to adjust the walking speed. And the table below will show the remote key function of this product.

	Start key: This key is to start the machine. Press 1 time to connect the walking pad with a beep sound, and press it again to start the walking pad.
	Stop key: This key is to stop the machine. Press this key, and the walking pad will slowly reduce the speed to 0.

	Back count mode select key: Select the key for back count mode in the standby state. The selection order is: Time count back 30 minutes—The distance is one kilometre —Heat pour meter 50KCL, then return to the main menu.
	Speed addition and subtraction adjustment key: The speed can be adjusted when moving. You can adjust parameters when you stop.
	Program selector key: Manual mode P1-- P12 loop
	Data clear: Press the key in Mode or Program will clear the data and enter the stop state.
	Mute key: Press this button to turn on/off the prompt tone.

Parameters:

name	maximum values	minimum value	default value
countdown mode	99.00 Min	05.00 Min	30.00 Min
distance-to-meter mode	99.0KM	1.0 km	1.0 km
calorie-to-count mode	990 Kcal	10 Kcal	50 Kcal
speed value	6KM/H	1KM/H	/

Sports Mode:

1. positive timekeeping mode

A. Press the "Start/Pause" key, the "Speed" counts down from 3 to 1, the buzzer beeps, and the system is switched on.

B. The walking pad adjusts the "speed +, speed -" key to adjust the speed value; the adjustment resolution is 0.1 kph.

C. The walking pad calculates the exercise parameters and refreshes the display in the window.

D. The system automatically stops when the movement time exceeds 99 minutes and 59 seconds.

2. countdown mode

In each mode, you can set the exercise time, distance and calorie value by speed plus/minus, and then press the start button. The walking pad will work at 1.0KPH for the countdown, and you can control the walking pad's movement speed during the running period by speed plus/minus again.

3. Programme Mode: Press the key in standby to enter the programme mode.

A. Each time the programme button is pressed, the walking pad switches from P1 to P12.

B. Exercise time can be selected by pressing the speed up and down buttons; the default exercise time is 30 minutes.

C. Press the Start button, the walking pad will work according to the programme set in "Schedule 1: P1-P12 Programme Movement Diagram" as below.

Schedule 1: P1-P12 Program Motion Diagrams.

Time Speed		Putting the set time/10 time periods = the running time of the upper and lower time periods									
		1	2	3	4	5	6	7	8	9	10
P1	Speed	2.0	4.0	6.0	6.0	6.0	4.0	6.0	6.0	6.0	2.0
P2	Speed	1.0	2.0	3.0	4.0	6.0	6.0	4.0	3.0	2.0	1.0
P3	Speed	2.0	3.0	6.0	5.0	6.0	6.0	6.0	6.0	5.0	3.0
P4	Speed	1.0	2.0	6.0	2.0	6.0	2.0	6.0	4.0	6.0	2.0
P5	Speed	1.0	3.0	5.0	3.0	5.0	6.0	6.0	5.0	3.0	2.0
P6	Speed	2.0	6.0	6.0	6.0	6.0	6.0	6.0	6.0	5.0	2.0
P7	Speed	2.0	4.0	2.0	4.0	6.0	6.0	6.0	4.0	2.0	1.0
P8	Speed	1.0	5.0	6.0	5.0	6.0	5.0	6.0	5.0	3.0	2.0
P9	Speed	2.0	4.0	4.0	4.0	6.0	6.0	4.0	6.0	4.0	1.0
P10	Speed	2.0	3.0	2.0	4.0	2.0	5.0	4.0	5.0	4.0	2.0
P11	Speed	1.0	3.0	5.0	6.0	6.0	6.0	6.0	5.0	3.0	1.0
P12	Speed	2.0	4.0	6.0	6.0	6.0	6.0	6.0	4.0	2.0	1.0

◆ All the walking pads have motor belt adjustment before delivery and after installation, but after a period of use, loosening and slipping may occur, which is mainly adjusted by users themselves.

◆ Adjustment steps: ①.Rotate the adjusting bolt counterclockwise with a wrench

②.The adjustment range shall be subject to the belt load without skid

DAILY MAINTENANCE

Manual Lubrication

Lubricate the running board with silicone oil (Silicone oil is not included). The walking pad is brand-new and has been pre-factory lubricated. Lubrication is not necessary directly after purchase. Lubrication needs constant maintenance regularly after purchase. The friction between the running board and running belt has a great effect on the walking pads' life.

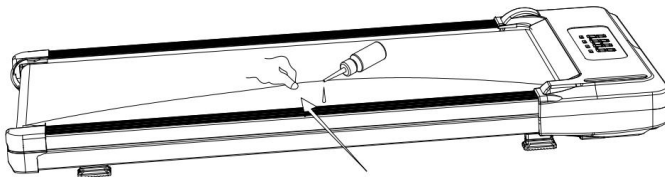
So, please lubricate your machine regularly (every month).

The steps are as follows:

Step 1. Please unplug the power supply for the walking pad and loosen the belt (belt tension screws located at the end of the walking pad).

Step 2. After loosening the screws, lift up the running belt and clean between the running boards. Wipe silicone oil evenly across the board.

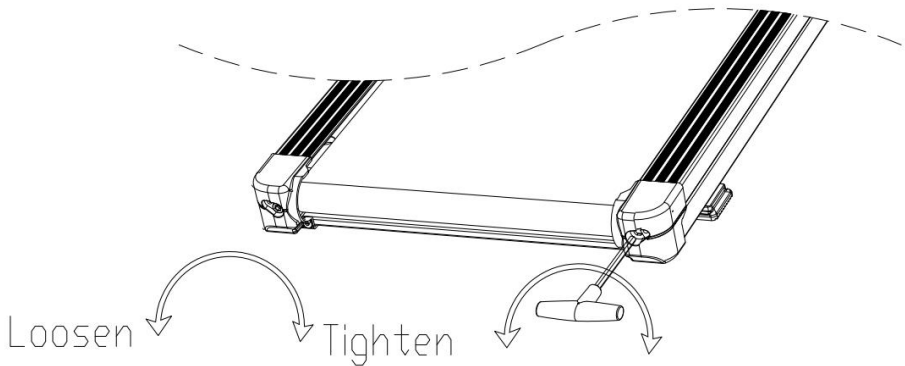
Step 3. Plug the power supply and run the walking pad for 1 minute, and the silicone oil will spread evenly, then use the walking pad.



Running belt adjustment

How to adjust the running belt?

- 1) Insert the 6 mm inner hexagonal wrench into the adjusting screw on the left side of the running belt and rotate the wrench clockwise for 1/4 turns to adjust the rear roller to tighten the running belt.
 - 2) Repeat step 1 to adjust the right screw. It must be determined that the adjustment screw rotates the same distance so that the rear roller is adjusted parallel to the frame.
 - 3) Repeat steps 1 and 2 until the running belt does not slip. Note: The running belt can't be adjusted too tightly, which will break the running belt and increase the pressure of the front and rear rollers, causing problems such as roller bearing damage and abnormal noise. If you want to reduce the tension of the running belt, turn the wrench counterclockwise.
- Note that the left and right sides are rotated to the same distance.



Adjust the running belt to the middle position.

When you are using the walking pad, if the two feet are not the same force when walking, the pressure on the running belt is unbalanced, and the running belt is off-centre. This deviation is normal. When no one is on the running belt, it will return to the centre. If it does not return to the centre, you will need to adjust the belt back to the centre.

How to adjust the running belt to the middle?

- 1) Move the walking pad to no-load operation and adjust the speed to 3 kph.
- 2) Observe the distance from the running belt to the left and right borders. If left deviation, use the inner hexagonal wrench, rotate the left 1/4 screw clockwise. If the right deviation, use the inner hexagonal wrench and turn the 1/4 screw on the right side clockwise. If the running belt is still not in the middle, repeat the above action until it is adjusted to the middle.

- 3) After adjusting the running belt to the middle, adjust the speed to 6 kph and observe the deviation of the running belt and whether there is slipping during running. If there is a deviation, repeat the running step.
- 4) Warning! Do not over-tighten the rollers! This will cause permanent bearing damage. If the above steps are not effective, you need to tighten the running belt again.

Analysing and eliminating malfunctions

	Malfunction code	Reasons	Solution
1	E02	Hall detection reported an error.	1. Detect Hall wire terminals; 2. Change the motor; 3. Change the control.
2	E03	Overcurrent error reported.	1. Change the control.
3	E04	An overvoltage error is reported.	1. Detect the external input voltage. 2. Change the control.
4	E05	Undervoltage error reported.	1. Detect the external input voltage. 2. Change the control.
5	E06	Overload error reported.	1. Detect whether the running resistance is abnormal. 2. Change the motor; 3. Change the control.
6	E08	The overheating error of the lower control.	1. Detect whether the running resistance is abnormal. 2. Change the control.
7	E11	UVW three-wire simultaneously open circuit error.	1. Detect whether the motor line is abnormal. 2. Replace the motor. 3. Change the control.

8	E13	Communication failure error	1. Detect whether the communication line is abnormal. 2. Replace the control. 3. Change the table.
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MADE IN CHINA

CUSTOMER SERVICE:

KMART AU: 1800 124 125

KMART NZ: 0800 945 995

TARGET AU: 1300 753 567