

100x40MM

**Microwave Soup Cup**

1. Pour soup into cup.
2. Place the lid loosely on the container and open the vent. This allows steam to escape and helps prevent splatters.
3. Microwave on high heat for 2 minutes.
4. Carefully remove the soup as it will be hot.
5. Stir well to ensure even heating and heat for a further 1 minute, or until hot.
6. Let the soup sit for 30 seconds before removing from microwave. Use caution when handling as contents will be hot.
7. Stir again before serving.

Note: Heating times may vary depending on the power of the microwave.