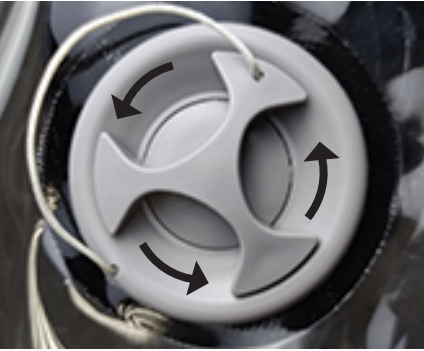


INSTRUCTION

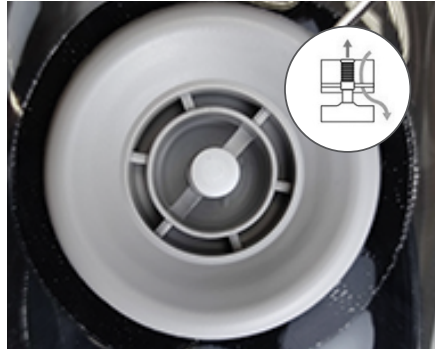
Aqua Weight Bag 20kg

STEP 1



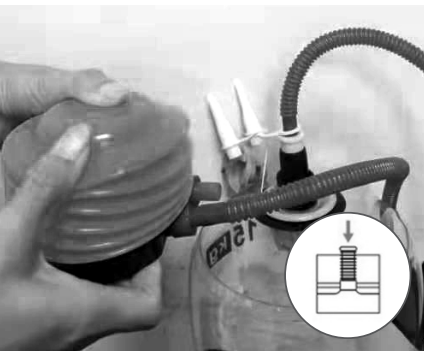
Open the water filler cap

STEP 2



Press the spring valve switch to inject water

STEP 3



Press the spring valve again to close the valve, and connect the special nozzle equipped on the pump, then press the pump with hands or feet to inflate

STEP 4



Close the water filler cap and start using

MADE IN CHINA

FOR AU / NZ: IMPORTED FOR
KMART STORES IN AUSTRALIA
AND NEW ZEALAND.

KEYCODE: 43127887

WARNING: DO NOT EXPOSE IT TO SUNLIGHT FOR LONG TIME. REMEMBER TO TIGHTEN THE COVER BEFORE USING. KEEP AWAY FROM SHARP OBJECTS, KEEP BALANCE, AND INJECT WATER ACCORDING TO YOUR OWN STRENGTH TO AVOID ANY SPRAINS.

WARNING: ONLY FOR DOMESTIC USE. KEEP AWAY FROM FLAMES AND FIRES. KEEP AWAY FROM SHARP OBJECTS. STORE IN COOL DRY CONDITIONS OUT OF SUNLIGHT.

WARNING: PLEASE MAKE SURE THE WATER VALVE IS COMPLETELY CLOSED BEFORE EACH USE. KEEP AWAY FROM CHILDREN.

WARNING: CONSULT YOUR PHYSICIAN BEFORE ENGAGING IN ANY EXERCISE PROGRAM. ALWAYS CHECK EQUIPMENT AND ACCESSORIES BEFORE USE. REPLACE PRODUCT IF ANY DEFECT IS DETECTED.