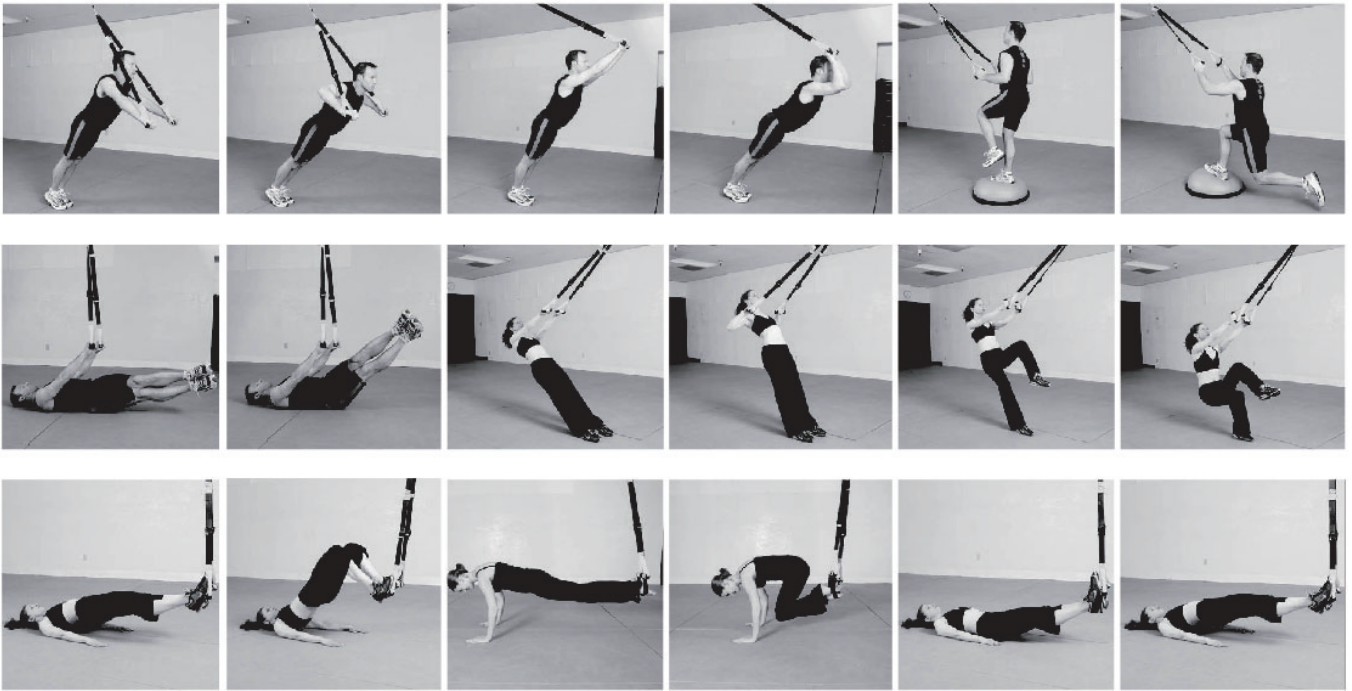


Instruction Manual

SUSPENSION TRAINER



MAXIMUM SAFETY USER WEIGHT: 100 KG



WARNING: Consult your physician before engaging in any exercise program. Always check equipment and accessories before use. Replace product if any defect is detected. Keep away from children!



WARNING: Please read below instruction before using this product! Please retain instructions for future reference.



WARNING: Quick setup on sturdy frame or sturdy beams.